

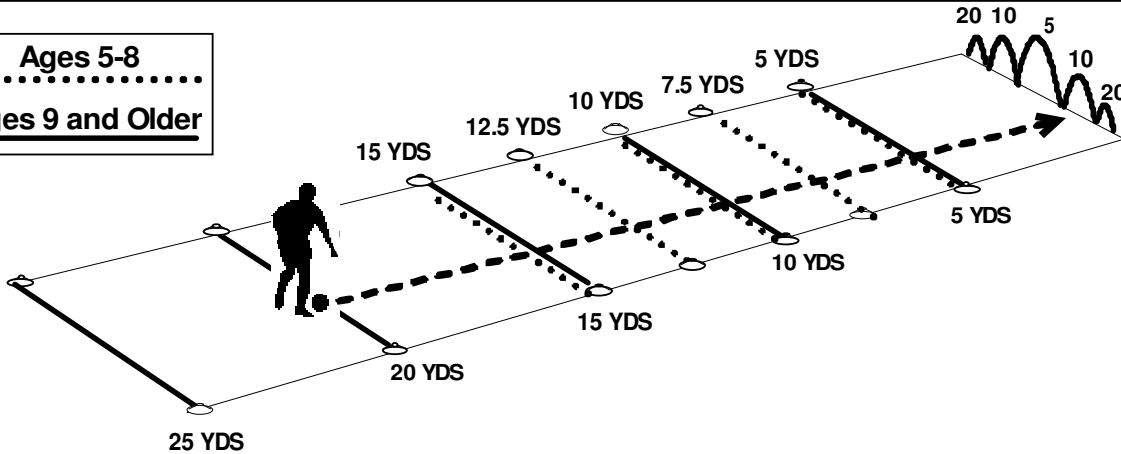
RMSC SOCCER SKILL EVALUATIONS

SKILL #4 - PASSING

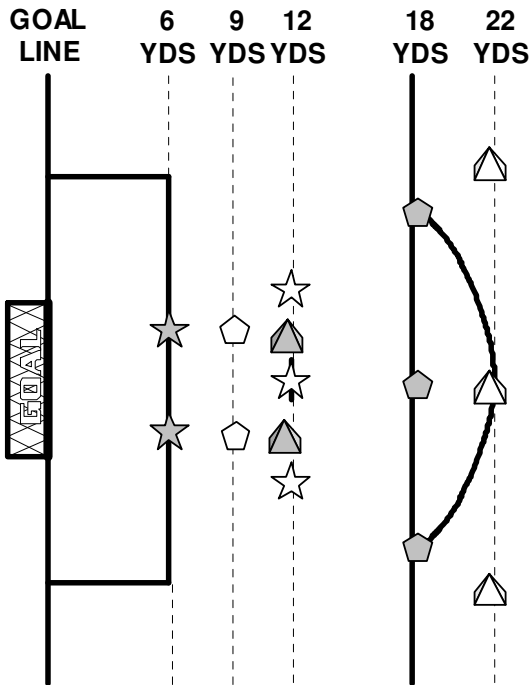
- Players attempt to score points by passing 5 soccer balls through 3 different sizes of goals
- Ages 5-8 - 1st ball is 5 yards away - Remaining 4 balls are in 2.5 yard increments so that the farthest ball is 15 yards away
- Ages 9 and Older - Balls are placed in 5 yard increments away from goals so that the farthest ball is 25 yards away
- Ball through smallest goals = 20 point - Ball through middle sized goal = 10 points - Ball through largest goal = 5 points
- Ball missing or going over all goals = 0 points
- Ball bouncing off of goal back towards kicker = RETAKE the kick - ** Maximum of 3 attempts allowed from each line.

Ages 5-8

Ages 9 and Older



SKILL #5 - SHOOTING



- STARTING SPOTS**
- AGES 5-7**
 - ★ Stationary
 - ☆ Moving
 - AGES 8-11**
 - ◻ Stationary
 - ◼ Moving
 - AGES 12+**
 - ◼ Stationary
 - ◻ Moving
- Players take 5 shots total
 - 2 stationary balls and 3 rolling balls
 - Stationary balls are placed on 2 spots closest to goal
 - Rolling balls start on 3 spots farthest from goal
 - Points are scored by hitting target areas on the net
 - See Goal Diagram for point areas
 - Ball hitting on the LINE between 2 point areas gets the HIGHEST score of the 2 point areas
 - Ball shot off posts, crossbar or misses goal = 0 points
 - NO RETAKES allowed!
 - Ages 5 - 7 - Stationary shots from 6 yards out
 - Moving shots start from 12 yards out
 - Ages 8 to 11 - Stationary shots from 9 yards out
 - Moving shots start from 18 yards out
 - Ages 12 & Older - Stationary shots from 12 yards out
 - Moving shots start from 22 yards out

Goal Diagram with Target Net

