

QUALITY CONTROL COACHING SERIES

The RMSC Quality Control Coaching Series has been designed by RMSC Director Mark Perdew as a developmental progression based on THE GAME of soccer. By participating in the program, you will learn the various technical and tactical aspects of THE GAME along with activities and practices designed to teach these aspects of THE GAME to your players.

The complete program consists of 5 certificates, each taking 5 hours to complete (1 hour classroom session and 4 hours of field sessions). A description of each certificate is as follows:

BASIC TRAINING CERTIFICATE

- 5 Hours Total
- CLASSROOM SESSION - 1 hour
 - Passion, Philosophy, Progressions and Practices
- FIELD SESSIONS - 1 hour each
 - Dribbling - Receiving
 - Passing - Shooting
- FEES
- BASIC PACKAGE
 - Training - \$25.00 (\$5.00/Hour/Coach)

TACTICAL FOUNDATIONS CERTIFICATE

- 5 Hours Total
- CLASSROOM SESSION - 1 hour
 - Philosophy, Progressions, Practices
- FIELD SESSIONS - 1 hour each
 - 1v1 Attacking & Defending
 - 2v1 combinations
 - Defending in Pairs - 3v2 Tactics
- FEES
- BASIC PACKAGE
 - Training - \$25.00 (\$5.00/Hour/Coach)

ADVANCED SKILLS CERTIFICATE

- 5 Hours Total
- CLASSROOM SESSION - 1 hour
 - Pressure and Practices
- FIELD SESSIONS - 1 hour each
 - Shielding - Technique Under Pressure - Finishing - Technical Functional Training
- FEES
- BASIC PACKAGE
 - Training - \$25.00 (\$5.00/Hour/Coach)

TEAM TACTICS CERTIFICATE

- 5 Hours Total
- CLASSROOM SESSION - 1 hour
 - Style of Play
- FIELD SESSIONS - 1 hour each
 - Group Defending - Zonal Defending
 - Combining the Combinations
 - Total Attacking Soccer
- FEES
- BASIC PACKAGE
 - Training - \$25.00 (\$5.00/Hour/Coach)

COACHING GOALKEEPERS CERTIFICATE

- 5 Hours Total
- CLASSROOM SESSION - 1 hour
 - Psychology of Goalkeeping
- FIELD SESSIONS - 1 hour each
 - Basic GK Skills - Advanced GK Skills
 - GK Concepts - Team Management
- FEES
- BASIC PACKAGE
 - Training - \$25.00 (\$5.00/Hour/Coach)

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