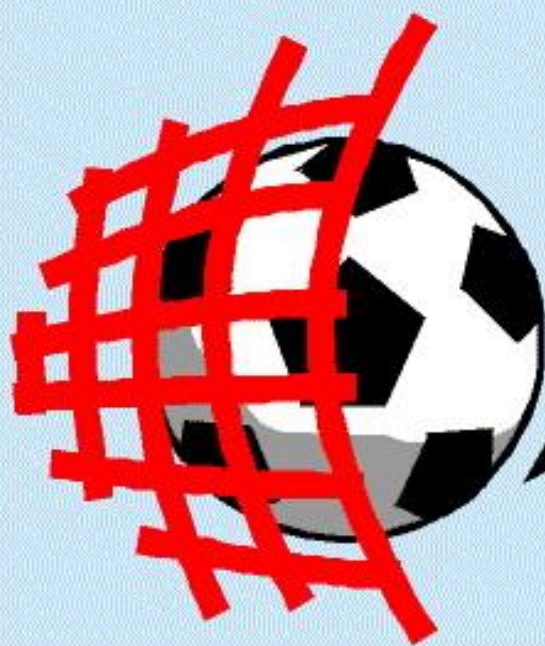
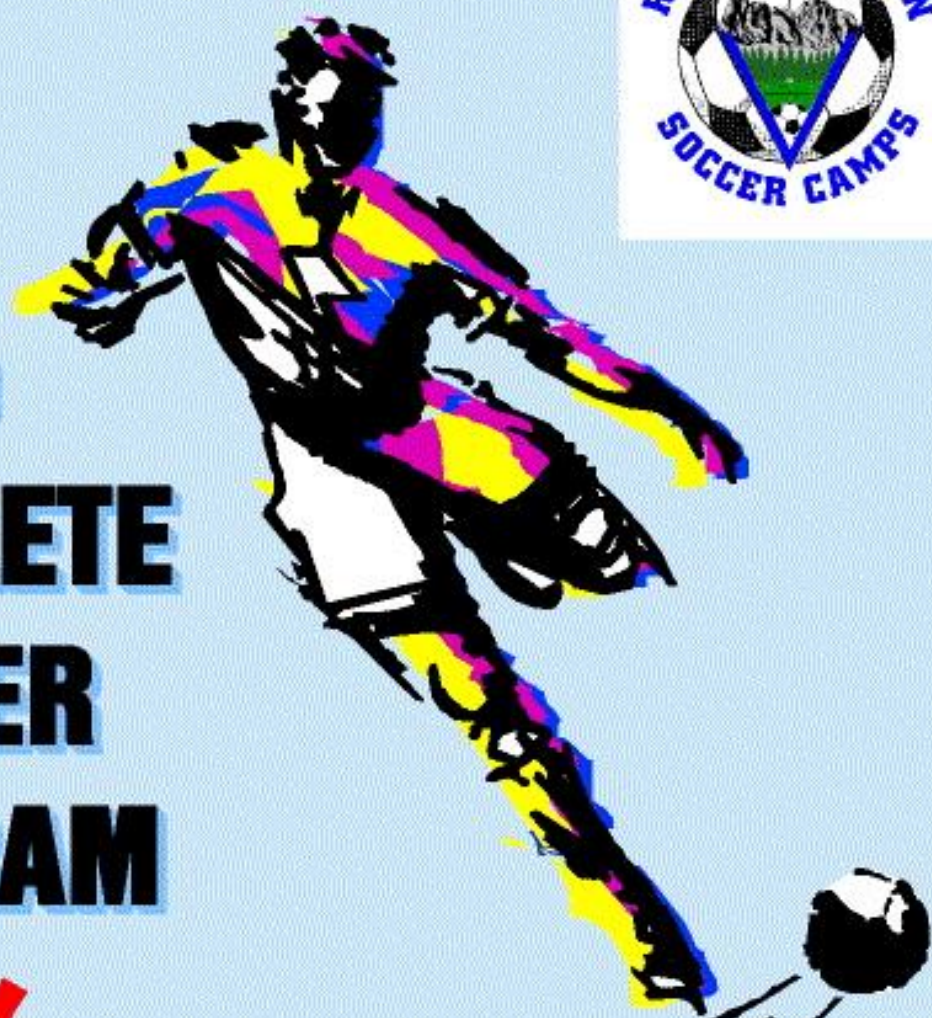




**The  
COMPLETE  
PLAYER  
PROGRAM**



***The  
NEXT LEVEL !***

Attention Youth Soccer Club Presidents, Directors and Managers,

The Rocky Mountain Soccer Camp is now offering to run our highly acclaimed, educational and popular **Complete Player Program** for your organization. The **Complete Player Program (CPP)** is our *Premier Program*. The **CPP** was initiated in 1999 as a “crash course” in soccer in order to develop, within 10, two hour sessions, an understanding of the skills and tactics needed to become a complete soccer player. The RMSC has been running the **CPP** since 1999 as part of our long running Summer Camp schedule, initially at the Colorado Christian University’s Morrison Campus, and more recently at the Denver Kickers Clubhouse in Golden, Colorado.

The **Complete Player Program** is designed as an intense study of the development of the individual player within the game of soccer. We believe that, in the words of many parents of past participants, the material and the format in which it is presented has a lot of “meat” to it, as opposed to many other “day camp” type clinics being offered. The players come out of the program with a better understanding of the “game” and have definitely promoted themselves to **The Next Level** of their own individual soccer development, in addition to having had a GREAT time!

**Age Groups:** The **CPP** is available to Boys and Girls ages 9-18 (U10 and Older). You may consider running the CPP for specific age groups, perhaps using it as a pre-tryout preparation for all of your U10 Players, having it take the place of your age group training sessions (i.e. all U12 Girls teams) or even using it as a once a week “Academy Program” for your club.

**Individuals and/or Teams:** We can run the **CPP** for individual players in your club who want to participate as well as for entire teams who would like to work through the curriculum together as a group.

**Numbers:**       MINIMUM: 36 Players or 3 Teams (or any combination thereof)  
                      MAXIMUM: 120 Players or 10 Teams (or any combination thereof)

**Ratio:**           No More than 12 Players or 1 Team for each RMSC Staff Coach

**Playing Level:** Any and all playing levels are encouraged to attend.

**Enthusiasm Level:** Because of the amount of material that is covered and the information that is processed, we expect the players to be able to "hang" with us for as many as 4 hours each day. They need to be focused and serious about improving. This is not "boot camp", nor is it a "baby-sitting service." We provide a terrific balance that is fun, educational, and challenging.

**Goalkeeper Sessions:** We have found that the **CPP** works *extremely* well in conjunction with Goalkeeper Training. If desired, we can run a Goalkeeper Training Program along with the **CPP** and have GK's train with our GK coach and then jump in the **CPP** sessions for shooting activities and scrimmages.

**GK Numbers:** Minimum of 6 Goalkeepers   Maximum of 24 Goalkeepers

**Format and Schedule:**

All Dates and Times are BY ARRANGEMENT and must be scheduled through the RMSC Office.

**SUMMER:**

While we have experimented with various types of schedules, we have found that in the summer months the **CPP** works best in a week long, “Day Camp” format where we have two, 2 hour sessions with an hour food break in between. This takes place each day for 5 consecutive days.

EXAMPLE A: Mon-Fri 9am-11am – 1<sup>st</sup> Session 11am-12pm – Lunch 12-2pm – 2<sup>nd</sup> Session  
EXAMPLE B: Mon-Fri 3pm-5pm – 1<sup>st</sup> Session 5-6pm – Dinner 6-8pm – 2<sup>nd</sup> Session

### **FALL and SPRING – IN SEASON:**

On the surface, it may seem like running the CPP “in-season” would be difficult to plan, due to player schedules, team practices and the 20 hour course length. Here are 3 scenarios that can work during the season:

EXAMPLE C: Mon-Fri – 2 hours each evening for 2 consecutive weeks

EXAMPLE D: One evening per week (2 hours each evening) for 10 weeks (i.e: Mondays from 5-7 pm)

EXAMPLE E: Use the 2 hour CPP Session for one regularly scheduled team practice each week.

### **WINTER:**

Same scenarios as Fall/Spring In Season or a “Crash Course Weekend” (See Below). Since indoor space is limited, the CPP will be offered to single teams in the winter months. Indoor Training Space must be provided by the Club/Team.

### **CPP CRASH COURSE WEEKENDS:**

Available YEAR ROUND! (Session times may vary based on arranged schedule)

Weekend #1 – **CPP Skills Edition** – Session #1 through Session #5

- Friday: 5-7pm – Saturday 9-11am, 1-3pm – Sunday , 1-3pm, 4-6pm

Weekend #2 – **CPP Tactical Edition** – Session #6 through Session #10

- Friday: 5-7pm – Saturday 9-11am, 1-3pm – Sunday , 1-3pm, 4-6pm

**Variations:** The RMSC is open to other options for the CPP based on each organization’s needs and schedules. Please feel free to make suggestions and/or ask questions!

### **The Sessions:**

#### **COMPLETE PLAYER TRAINING PROGRAM**

SESSION 1 - Shooting/Finishing

SESSION 2 - Turning/Ball Control

SESSION 3 - Dribbling-Technique/Moves

SESSION 4 - 1v1 Attacking & Defending

SESSION 5 - Passing-Technique/Concepts

SESSION 6 - 2v1 Combinations

SESSION 7 - 3v2 Attacking & Defending

SESSION 8 - Group Defending

SESSION 9 - Switching Fields - Flank Play - Crossing/Seams

SESSION 10 - Total Attacking Soccer - "The Game of the Century"

#### **GOALKEEPER TRAINING PROGRAM**

SESSION 1 - Hands/Catching

SESSION 2 - Footwork/Angles

SESSION 3 - Coming off the Line

SESSION 4 - Low Diving

SESSION 5 - Breakaways

SESSION 6 - High Balls

SESSION 7 - Distribution

SESSION 8 - Organizing Your Defenders

SESSION 9 - Crosses

SESSION 10 - "The Game of the Century"

### **Coaching Staff:**

A) The RMSC will provide a high quality program director and coaching staff for ALL of your sessions. The professional coaching staff makes all or part of their living coaching soccer.

B) For a lesser fee (see below) you can actually have YOUR coaches assisting the Complete Player Program Director which means that you can use the CPP as training for the coaches within your organization. The participating coaches need only reinforce what the Director is teaching and help run curriculum training activities for a group or team.

### **What Your Club Needs to Provide:**

- PLAYERS: Minimum of 36 up to 120 maximum
- FIELD SPACE: One full sized field area for 60 players or less  
Two full sized field areas for 61-120 players
- GOALS: 8' X 24' and/or 7' X 21' are preferred as we do a lot of shooting and finishing!
- ADVERTISING: Get the word out!

### **What the RMSC Will Provide:**

- Our PREMIER Program
- Professional Coaching ALL of the time (unless you choose the CPP Coach Package below)
- On-Line Registration
- Advertising Materials (Forms and/or Flyers for you to Copy and Distribute)
- Any Additional Equipment that is needed
- An RMSC T-Shirt for each participant

### **Fees:**

#### **CPP COACH PACKAGE: \$200.00 Per Player**

- The COACH PACKAGE fee includes 20 hours of the CPP run by an RMSC CPP Director, administration fees and a T-Shirt. Coaching Assistants are provided by the host organization – 1 coach per group of 12 or per team. RMSC Director lodging and meals are provided by the host organization if required by the event location

#### **CPP NEXT LEVEL PACKAGE: \$250.00 Per Player**

- The base fee includes 20 hours of professional coaching, administration fees and a T-Shirt. RMSC Staff lodging and meals are provided by the host organization if required by the event location

#### **DELUXE FEE: \$295.00 Per Player**

- The deluxe fee includes 20 hours of professional coaching, administration fees, a T-Shirt *and* includes RMSC Staff lodging and meals which are NOT provided by the host organization if required by the event location

This is NOT a Camp. This is NOT a skills clinic. This is NOT an academy. This is NOT a team practice  
This IS the NEXT LEVEL!

**Contact Us:** Please contact us with any questions or to arrange dates.

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